



USAT Transgender Athlete Participation Policy

Updated June 2019

Introduction

USA Triathlon (“USAT”) is committed to ensuring that athletes have the opportunity to participate in USAT sanctioned events on an equal and fair basis without discrimination. To that end, athletes may participate in these events in a manner consistent with their gender identity and expression, regardless of the gender assigned at birth.

The goal of USAT’s Transgender Athlete Participation Policy is to ensure equal opportunities for all athletes and the ability for them to participate without discrimination.

A. Privacy Statement

All discussions and documentation submitted in any part of the application, review or appeals process either by an athlete, USAT staff and/or the appeals panel shall be kept confidential and treated as confidential medical information unless requested otherwise by the athlete.

B. Registration and Participation

- a. To participate in a USAT sanctioned event, every athlete must be registered with USAT as the gender in which the athlete wishes to compete.
- b. An athlete may always register as the athlete’s birth gender.
- c. If the athlete wishes to register as a gender other than the athlete’s birth gender, then the following requirements shall apply:
 - i. **Athletes under the age of 14.** No additional requirements.
 - ii. **Athletes participating in domestic competitions in the United States**
 1. The athlete must notify USAT at the time of registration that the

athlete is applying to register as a gender other than that the athlete's birth gender.

2. The athlete must provide evidence satisfactory to USAT confirming the consistent gender identity to which the athlete self relates – this includes gender fluid athletes. For example, this evidence could include a driver's license or other government document, medical opinions or records, documentation from individuals such as family members, friends, co-workers, coaches, or training-partners affirming the actions, attitudes, dress and manner which demonstrate the athlete's consistent gender identification.
3. While no blood testing data from the athlete is required for participation in domestic competitions including USAT National Championships, any athlete who qualifies for the International Triathlon Union (ITU) World Championship must be in compliance with the ITU Transgender Policy requirements before being offered a World Championship qualifying spot.

iii. **Athletes participating in international competitions in the United States**

1. Athletes competing in competitions hosted by Ironman or ITU, which have established transgender policies, will continue to follow their existing policies.
2. All other athletes participating in international competitions hosted in the United States will follow USA Triathlon's transgender policy.

*For the most up-to-date international transgender policies, refer to the following sites: [International Triathlon Union \(ITU\)](#), [International Olympic Committee \(IOC\)](#), and [IRONMAN](#).

C. USA Triathlon National Rankings

Athletes become eligible to be nationally ranked when they have completed the prerequisite number of races in a race type. An athlete's final ranking will be determined by the athlete's predominant gender for that year regardless of the gender that the athlete identifies as by the end of the year. For example, if an athlete received a race score three times as a female and recorded a race score once as a male, the athlete would be ranked as a female for the year in question based on the three race scores recorded as a female. If an athlete spent equal amounts of time identifying as male and female, the gender with which the athlete concludes

the year will determine their gender category.

D. National Championship Qualification

Athletes who qualify for USAT National Championships must compete in the National Championship event as the gender they qualified under.

E. Age Group Athlete Participation in International Triathlon Union Events

Age Group Athletes who participate in ITU events must race in accordance with the ITU Transgender Policy. Age Group Athletes who participate in ITU events through qualifying for Team USA must qualify while racing in accordance with the ITU Transgender Policy. Refer to Section C.3(c)(i).

F. Appeals

Any athlete covered by this Policy who wishes to appeal a USA Triathlon decision made under this Policy, may file an appeal with the USA Triathlon Hearing and Appeals Committee as provided in the rules of that committee.

G. Anti-Doping Requirements Remain Applicable

The anti-doping rules of USA Triathlon, the United States Anti-Doping Agency, the United States Olympic Committee and the ITU are not affected by this Policy. Any athlete prescribed, or otherwise wishing to use, a Prohibited Substance or Prohibited Method identified on the [World Anti-Doping Agency Prohibited List](#) must obtain a Therapeutic Use Exemption before using such substance or method. (Contact the [United States Anti-Doping Agency](#) for information regarding Therapeutic Use Exemptions).

H. Minors

Registration or other documents submitted or approvals given on behalf of a Minor under this Policy must be submitted
by, or with the express approval of, the Minor's parent or guardian.

I. The Transgender Policies of Other Sport Organizations

Caution. Other sport organizations such as the [NCAA](#) and the National Governing Bodies and International Federations for [swimming](#), [cycling](#) and [track and field](#) have their own transgender policies which are different from this Policy. Please confirm your compliance with the applicable policy before competing in an event sanctioned by another sport organization.

*Please note that the USA Triathlon Transgender Athlete Participation Policy and declaration of gender form are subject to revision at any time by USA Triathlon. (Revised June, 2019)

