

Update on Transgender and Gender Diverse Student Athlete Participation in UC Berkeley Intercollegiate Athletics

In light of the [January 2022 NCAA update to the transgender student-athlete participation policy](#), UC Berkeley has updated our guidelines and recommendations to reflect the NCAA's recent changes. We want to acknowledge our [2019 Transgender/Gender Non-Conforming Student Athlete Guidelines and Recommendations](#). This groundbreaking policy represents much of what we stand for at UC Berkeley and will continue to guide us in working towards further inclusion for all. UC Berkeley Intercollegiate Athletics prohibits discrimination based on race, sex, religion, national origin, sexual orientation, gender identity and gender expression. This updated document will supersede our previous guidelines and recommendations as we transition to implementing the NCAA policies further defined in January 2022. In consultation with [NCAA inclusion recommendations](#), we will continue with ongoing education for staff, coaches and athletes to maintain our commitment to inclusion and diversity.

Process for Approval of Transgender and Gender Diverse Student-Athletes Participation in Intercollegiate Athletics

IA will maintain a Transgender and Gender Diverse Student Athlete Participation Board (TSAPB) with the following membership:

1. a representative of the NCAA Compliance Office
2. a representative from the Gender Equity Resource Center
3. a representative of the campus Title IX Compliance Office (OPHD)
4. a team physician or other recommended provider who is familiar with the World Professional Association for Transgender Health (WPATH) Standards of Care

Adjunct Members as needed:

1. a mental health team member who is familiar with the WPATH Standards of Care
2. a representative of the Athletic Director's (AD) Office
3. a representative of the Faculty Athletic Representative (FAR) Office
4. a representative from the Office of Legal Affairs
5. a coach or representative from the coaching staff
6. a student athlete representative

Procedure:

A gender diverse student athlete will decide on a designee associated with the athletic department to help navigate the process. The student athlete will decide if they prefer the designee to be the point person for further processes or if they would like to be the point person. The athlete can then choose their level of involvement as the approval process proceeds.

The student athlete or designee will review the sport compliance procedure through the NCAA website in regards to documentation and forms or labs that

need to be done. The policy of the National Governing Board (NGB) of the sport should also be reviewed. The designee should then contact the team physician who will review the sport compliance procedure as well.

Once the team physician and student athlete or designee are in agreement with the procedure, the team physician will bring the information to the TSABP for review to make sure all compliance aspects are met.

The designee will then work with the student athlete to get the information needed to submit to the NCAA for compliance and report back approval. If not approved, the designee will work with TSABP and NCAA Committee on Competitive Safeguards and Medical Aspects of Sports (CSMAS) to gather additional documentation and resubmit the case.

Once approved, the TSABP will work with the designee and the athlete (if desired) to evaluate locker rooms, website, identifying information, etc. to make sure they are appropriate based on athlete preferences.

All discussions among involved parties and any supporting documentation will be made without identifying information unless identification is needed and will be kept private, unless the student-athlete makes a specific request otherwise.

Documents used in this process are:

[Medical Exceptions Procedures](#)

[Transgender Student-Athlete Participation Policy](#)

All phases of participation through the NCAA are listed on the above mentioned Transgender Student-Athlete Participation Policy. Currently, we are in Phase Two for the 2022-23 regular season championships. These are the guidelines that will be used to ensure compliance for our gender diverse athletes during the 2022-23 year. The Policy states,

“Phase Two – 2022-23 regular season and championships

Beginning Aug. 1, 2022, participation in NCAA sports requires transgender student-athletes to provide documentation that meets the above criteria for the [2010 NCAA policy \(PDF\)](#), plus meet the sport standard for documented testosterone levels at the beginning of their competition season and again six months later. This means that student-athletes who have already been competing do not need to demonstrate the newly adapted sport-specific testosterone levels for the entire prior year if they are not available.

For participation in NCAA championships, transgender athletes must additionally provide documentation of testosterone levels to the CSMAS with laboratory work completed within four weeks of the championship selections.”

These guidelines will be followed unless deemed to not comply with UC Berkeley values in which we will continually work with the CSMAS regarding the policy.