**C-1. IHSAA Gender Policy**

A student may only participate on a team of the gender which matches the gender of the student at birth (birth gender), unless the provision of IHSAA Rule 9-9 or IHSAA Rule 9-10 apply or as hereinafter provided. A student’s birth gender may be established by the original birth certificate issued at birth, provided however, if the birth certificate is unavailable or the birth certificate does not show gender, birth gender can be established by the student’s contemporaneous medical records from the birth or other reliable documents and evidence. The IHSAA rules do not permit transgender or transsexual, cross-dressing or similar types of student-athletes to participate on a member School’s team which is other than the team of the gender which matches the student’s birth gender. However, it may be demonstrated that the student’s birth gender has changed (changed gender), after which the student may only participate on a team of the changed gender. Proof of a student’s changed gender is shown by the following:

a. Providing reliable medical evidence that the student-athlete has undergone sex change before puberty, or

b. Providing reliable medical evidence that the student-athlete has undergone sex change after puberty, which should include evidence that surgical and anatomical changes have been completed, including genitalia changes and gonadectomy, that all hormonal therapies appropriate for the assigned sex have been administered in a verifiable manner, that sufficient length of time has occurred such as to minimize gender-related advantages and all legal recognition of the sex change has been conferred with all proper governmental agencies (A copy of the student’s amended birth certificate, a court order or other official state determination showing the student’s new gender will suffice).

c. In addition, to verify a student’s changed gender, the student may be required to submit to a confidential case-by-case evaluation by an IHSAA Gender Committee relative to the gender change.

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