

FAIR GAME: Trans Athletes and the Future of Sports Book Club Conversation Starter Cheat Sheet

This page is designed to help groups start meaningful conversations about the ideas in *FAIR GAME*. Use the prompts below to spark discussion, reflect on personal experiences, and explore the myths and realities surrounding transgender athletes in sports.

Opening Question - Begin the conversation with a simple reflection:

- What is one moment, story, or idea from the book that stayed with you after reading?

Myth Check - Many conversations about trans athletes begin with assumptions. Consider these questions together:

- Before reading this book, what messages had you heard about transgender athletes in sports?
- Which ideas from the book challenged or changed your understanding?
- Why do you think sports have become such a central place for debates about gender?

Sports and Belonging - The book highlights how sports shape identity and community.

- Have you ever experienced a strong sense of belonging through sports, fitness, or teamwork?
- How might being excluded from sports affect a person's confidence, identity, or opportunities?
- What role should sports play in building community?

Rethinking Fairness - Fairness is often the center of debates about trans athletes.

- How do we usually define fairness in sports?
- What other advantages exist in sports besides gender?
- After reading the book, how has your definition of fairness changed, if at all?

Media and Public Narratives - The book explores how stories about trans athletes appear in media and politics.

- What narratives about transgender athletes appear most often in news or social media?
- How do those narratives compare to the personal stories shared in the book?
- What responsibility do journalists, policymakers, and sports organizations have when discussing this topic?

Looking Forward - End your discussion by imagining the future of sports.

- What would a truly inclusive sports environment look like?
- What steps could schools, teams, or communities take to support all athletes?
- What is one takeaway from this book that you will carry forward?

Final Reflection - Invite each participant to share:

- One thing they learned
- One question they are still thinking about